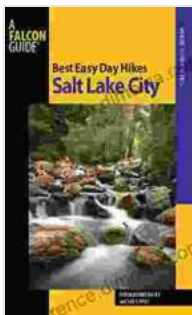


Best Easy Day Hikes Salt Lake City: A Hiker's Guide to the Wasatch and Oquirrh Mountains

Nestled at the base of the towering Wasatch Mountains, Salt Lake City offers a wealth of hiking trails for every level of adventurer. Whether you're a novice hiker looking for a leisurely stroll or an experienced backpacker seeking a challenging trek, the Wasatch and Oquirrh Mountains provide endless opportunities to explore the stunning natural beauty surrounding this vibrant city.

This guidebook, "Best Easy Day Hikes Salt Lake City," is designed to help you discover the most accessible and rewarding day hikes within easy reach of the city. We've carefully curated a selection of trails suitable for hikers of all ages and fitness levels, showcasing the best of the Wasatch and Oquirrh ranges.



Best Easy Day Hikes Salt Lake City (Best Easy Day Hikes Series) by Brian Brinkerhoff

★★★★☆ 4.6 out of 5

Language : English
File size : 3115 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 99 pages
Screen Reader : Supported

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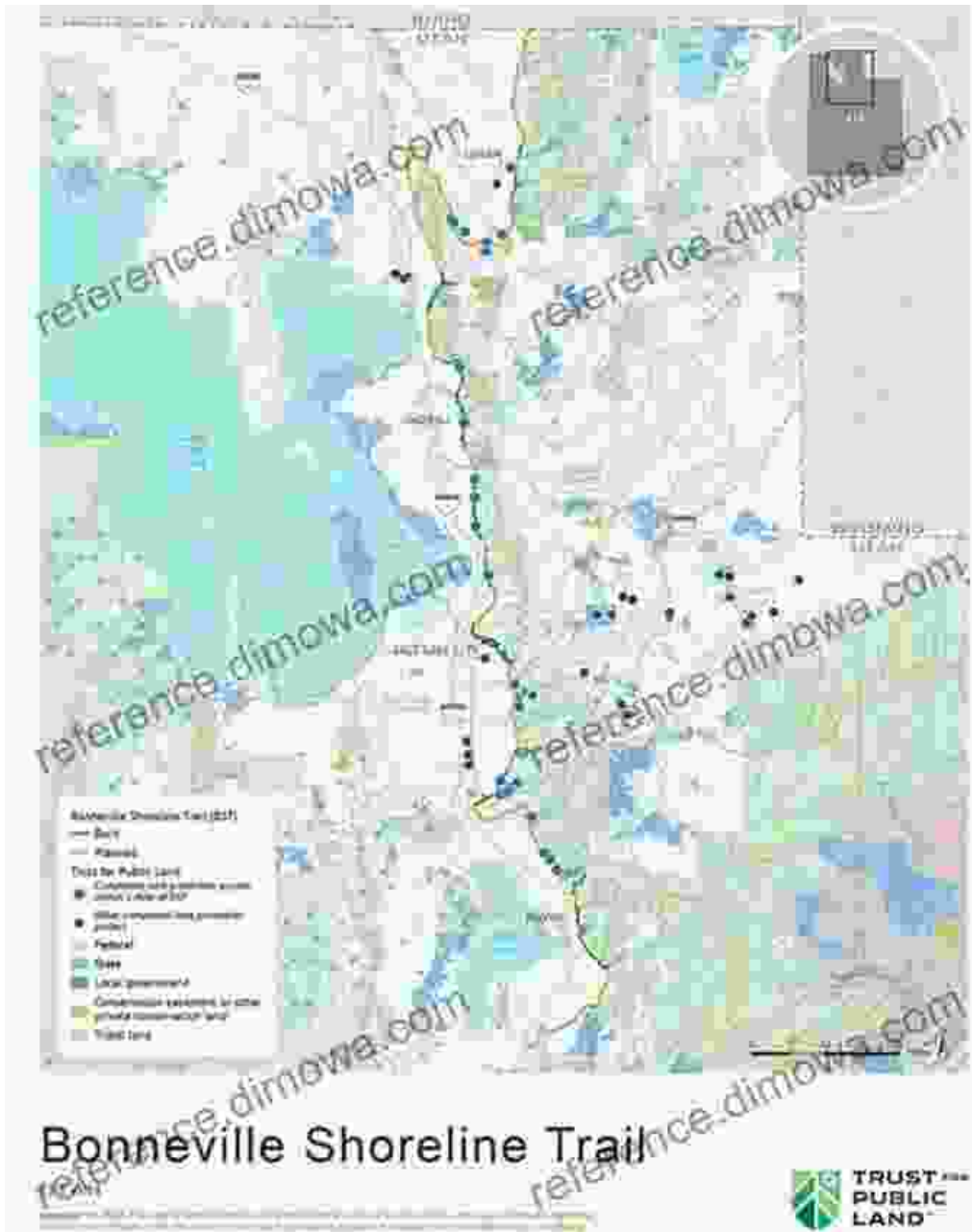
Each hike description includes detailed trail information, difficulty rating, estimated hiking time, and scenic highlights. We've also provided clear directions to the trailheads and recommended seasons for hiking. With this guide in hand, you'll be able to plan and enjoy unforgettable day hikes in the mountains surrounding Salt Lake City.

Chapter 1: Wasatch Range Hikes

- Mount Olympus via Gobbler's Knob Trail (4.2 miles, 1,500 feet elevation gain, moderate)



- Bonneville Shoreline Trail: Red Butte to Emigration Canyon (4.5 miles, 500 feet elevation gain, easy)



- Millcreek Canyon Trail (6 miles, 1,000 feet elevation gain, easy)



Chapter 2: Oquirrh Mountain Hikes

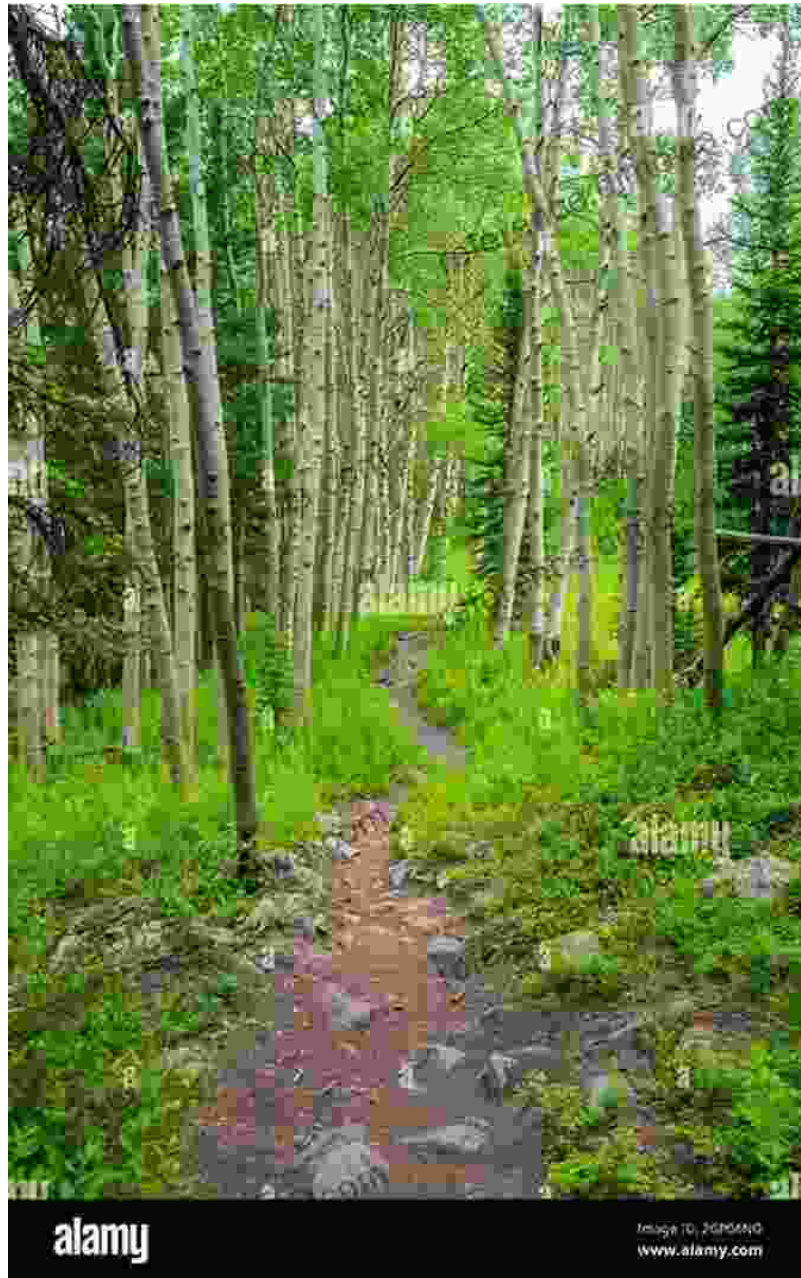
- Farnsworth Peak Loop Trail (4.5 miles, 1,500 feet elevation gain, moderate)



- Oquirrh Lake Trail (3.8 miles, 1,000 feet elevation gain, easy)



- Big Mountain Pass Trail (6 miles, 2,000 feet elevation gain, moderate)



Chapter 3: Day Hiking Tips and Resources

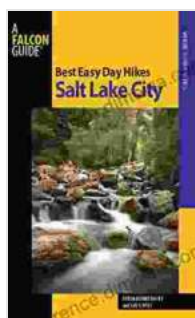
- Essential gear for day hiking
- Navigation tips and map reading
- Trail etiquette and safety precautions

- Finding additional hiking trails
- Recommended books and websites

With its close proximity to Salt Lake City and its abundance of stunning trails, the Wasatch and Oquirrh Mountains offer an unparalleled opportunity to immerse yourself in nature and enjoy the beauty of the outdoors.

Whether you're a seasoned hiker or just starting to explore the world of trails, this guidebook will empower you to plan and execute unforgettable day hikes within easy reach of the city.

So lace up your boots, grab a copy of "Best Easy Day Hikes Salt Lake City," and get ready to embark on a journey filled with breathtaking scenery, invigorating trails, and lasting memories.

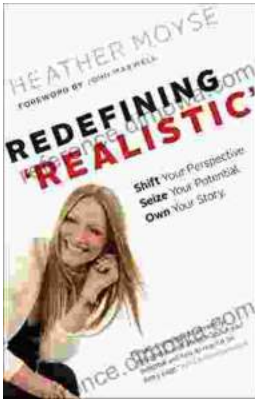


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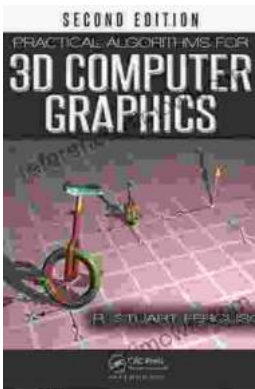
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