

Hairstyles and Makeup Throughout the Centuries: A Journey Through Time and Trends

Step into the mesmerizing realm of beauty and history as we embark on an extraordinary journey through the evolution of hairstyles and makeup throughout the centuries. From the intricate plaits and kohl-rimmed eyes of ancient Egypt to the glamorous curls and bold lipstick of the present day, these artistic expressions have profoundly shaped our self-expression and cultural identity. Prepare yourself for an immersive experience as we delve into the captivating metamorphosis of these transformative elements.



HAIRSTYLES AND MAKE-UP THROUGHOUT THE CENTURIES by Erin Hurley

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Ancient Egypt (3100-30 BCE)



The ancient Egyptians held beauty in high regard, and their hairstyles and makeup reflected this belief. Both men and women shaved their heads, partly for hygiene reasons and partly as a symbol of devotion to their gods. They wore elaborate wigs made from human hair or sheep wool, often adorned with beads, ribbons, and jewelry. Makeup was an essential part of daily life, used for both aesthetic and medicinal purposes. Black kohl was

used to line the eyes and protect them from the harsh desert sun, while green malachite was applied as eyeshadow and thought to have healing properties.

Ancient Greece (800-146 BCE)



Ancient Greek hairstyles and makeup sought to enhance natural beauty and exude a youthful appearance.

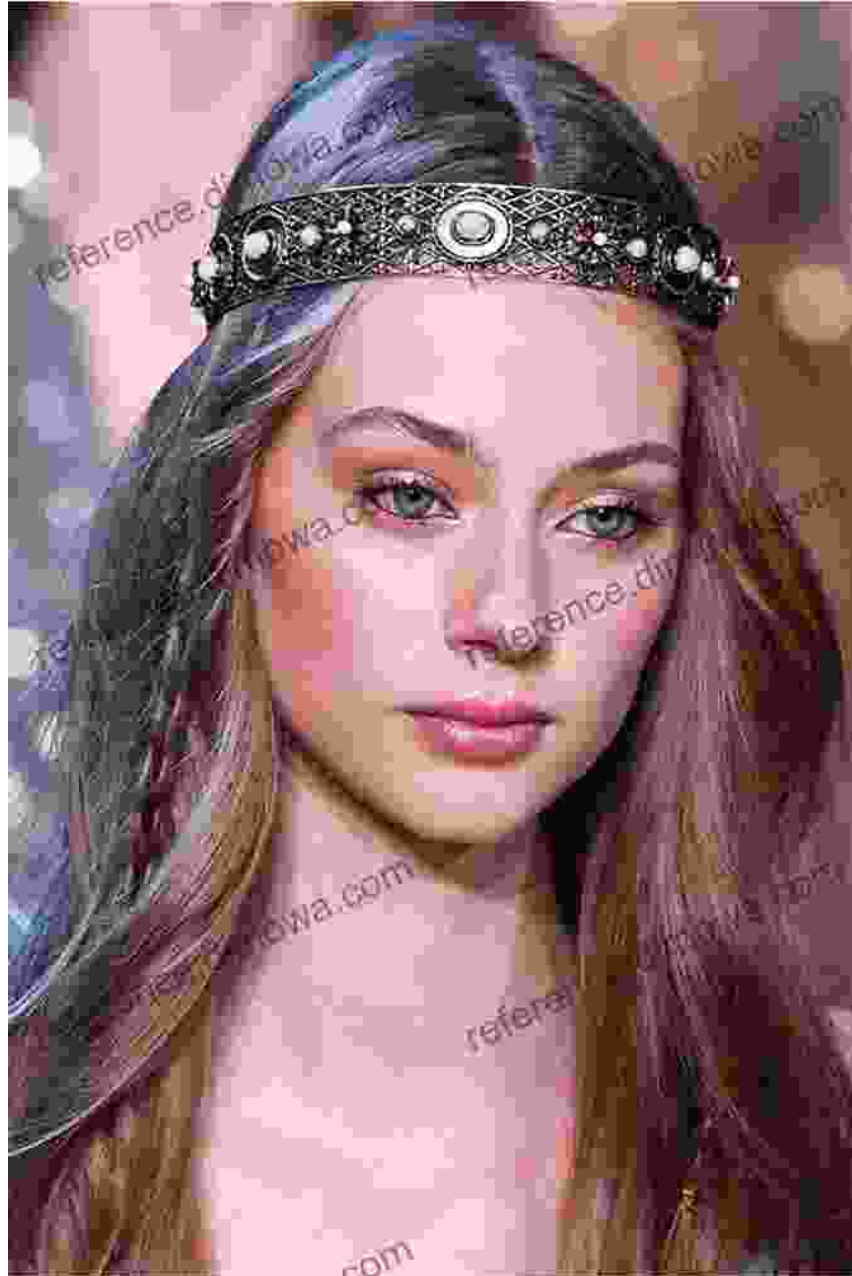
In ancient Greece, beauty was synonymous with youth and naturalness. Women wore their hair long and flowing, adorned with ribbons or flowers. They often curled their hair using heated metal tongs and applied olive oil to keep it healthy and shiny. Makeup was used sparingly, primarily to enhance the eyes and lips. Red ochre was used as blush and lipstick, while charcoal was used to darken the eyebrows.

Ancient Rome (753 BCE-476 CE)



The Romans were highly influenced by both Greek and Egyptian beauty trends. Women wore their hair in intricate braids, curls, and buns, often adorned with jewelry and pearls. Makeup was used more heavily than in ancient Greece, with women applying white lead to lighten their skin and rouge to color their cheeks. Eyes were lined with kohl and lips were painted red.

Medieval Europe (5th-15th Centuries)



Medieval European hairstyles and makeup reflected the religious and social norms of the time, often emphasizing modesty and simplicity.

During the Middle Ages, hairstyles and makeup were influenced by the rise of Christianity and the feudal system. Modesty and simplicity were highly valued, so women typically wore their hair long and covered their heads with veils or hoods. Makeup was used sparingly, if at all.

Renaissance (14th-16th Centuries)



The Renaissance marked a return to the ideals of ancient Greece and Rome. Women wore their hair in a variety of elaborate styles, such as braids, ringlets, and buns. Makeup was used more liberally, with women applying white powder to lighten their skin, rouge to color their cheeks, and kohl to line their eyes. Lips were painted red, and beauty marks were often added to the face.

Baroque (17th Century)



Baroque hairstyles and makeup were characterized by extravagance and excess, emphasizing height and volume.

The Baroque period was marked by a love of opulence and grandeur. Hairstyles were elaborate and towering, often reaching great heights. Women wore wigs or padded their own hair to create the desired effect.

Makeup was heavy and dramatic, with women applying white powder to their faces and necks, rouge to their cheeks, and black kohl to their eyes. Lips were painted red or pink, and beauty marks were still popular.

Rococo (18th Century)



The Rococo period brought a return to more natural and delicate styles. Hairstyles were still elaborate, but they were more graceful and less

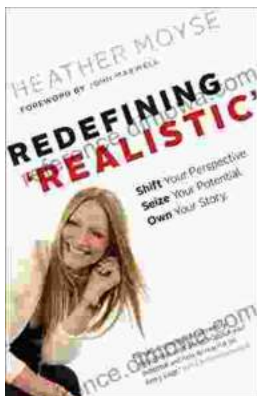
towering than in the Baroque period. Women wore their hair in soft curls and ringlets, often adorned with flowers or ribbons. Makeup was lighter and more natural, with women applying



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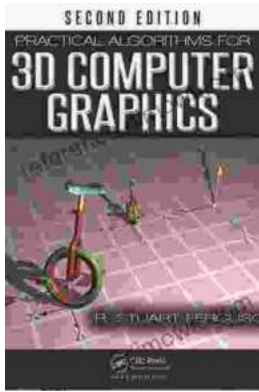
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