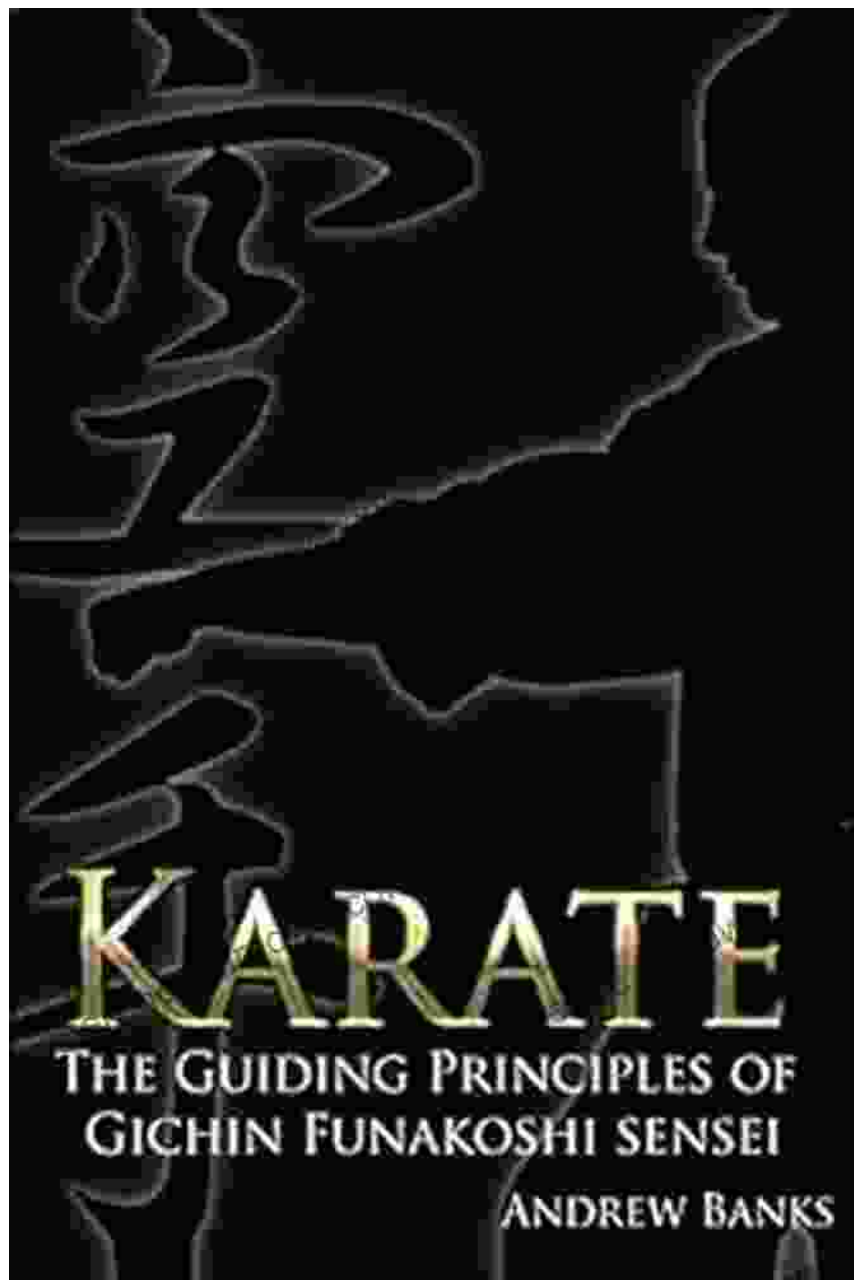


# Karate: The Guiding Principles of Gichin Funakoshi Sensei



## About the Book

Karate: The Guiding Principles of Gichin Funakoshi Sensei is a comprehensive guide to the teachings of Gichin Funakoshi, the founder of

modern karate. This book provides a detailed examination of the guiding principles that shaped Funakoshi's approach to karate, including his emphasis on character development, self-defense, and the pursuit of perfection.

Through a combination of historical context, personal anecdotes, and practical insights, this book explores the profound impact of Funakoshi's teachings on the development of karate and its practitioners. It offers a unique opportunity to learn from one of the greatest masters of the martial art and gain a deeper understanding of its philosophical and practical foundations.



## Karate: The Guiding Principles of Gichin Funakoshi

**sensei** by Andrew Banks

★★★★☆ 4.5 out of 5

Language	: English
File size	: 462 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 42 pages
Lending	: Enabled



Whether you are a seasoned karateka or a newcomer to the discipline, this book will provide valuable insights into the guiding principles that have shaped karate and continue to inspire its practitioners today.

### Key Features

- A comprehensive examination of Funakoshi's teachings and their impact on modern karate
- In-depth analysis of the guiding principles that shaped Funakoshi's approach to karate, including character development, self-defense, and the pursuit of perfection
- Historical context and personal anecdotes that provide a rich understanding of Funakoshi's life and work
- Practical insights and techniques that can be applied to your own karate practice

### **Who Should Read This Book?**

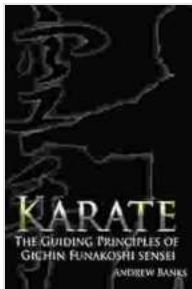
This book is essential reading for anyone interested in the history, philosophy, and practice of karate. It is a valuable resource for:

- Karateka of all levels, from beginners to experienced practitioners
- Martial arts enthusiasts and historians
- Anyone interested in the principles of self-defense and personal development

### **Free Download Your Copy Today!**

Don't miss out on this opportunity to learn from one of the greatest masters of karate. Free Download your copy of Karate: The Guiding Principles of Gichin Funakoshi Sensei today and embark on a journey of self-discovery and martial arts mastery.

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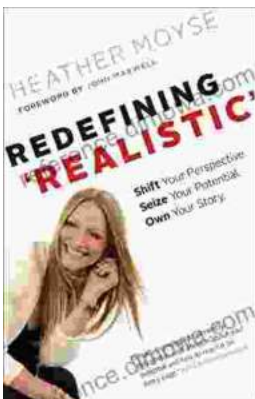


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